

Snapshot of the Exchange History of the Friendship Force of Cheyenne

- 1978- Exchange to & from Tegucigalpa, Honduras
- 1980- Exchange to & from Newcastle-upon-Tyne, England
- 1981 - Outgoing Exchange: Korea
- 1982- Exchange to & from West Berlin
- 1983- Outgoing Exchange: Gelsenkirchen, Germany
- 1984- Outgoing Exchange: Ireland B&B's
- 1985 - None
- 1986- Outgoing Exchange: Nottingham, England
Incoming Exchange: Taichong, Taiwan
- 1987- None
- 1988- Incoming Exchange: Korea
- 1989- Outgoing Exchange: Fielding, New Zealand
Incoming Exchange: San Jose, Costa Rica
- 1990- Incoming Exchange: Manawatu, New Zealand
- 1990- Outgoing Exchange: Devon, England
Incoming Exchange: Kerne, Germany
- 1992- Outgoing Exchange: The Netherlands
Incoming Exchange: Kumamoto, Japan
- 1993- Hosted Five State Regional Conference
Incoming Exchange: San Cristobel, Mexico
- 1994- Outgoing Exchange: NSW, Australia
Incoming Exchange: Cali, Columbia
- 1995- Outgoing Exchange: Cardiff, Wales
- 1996- Outgoing Exchange: Costa Rica
Incoming Exchange: Central Coast, Australia
Interclub exchange to & from Florida
- 1997- None
- 1998- Outgoing Exchange: Hanover and Kiel, Germany
Interclub exchange to & from Connecticut
- 1999- Outgoing Exchange: Bratislava, Slovakia
Incoming Exchange: West Alajuuela, Costa Rica

- 2000 - Incoming Exchange: Tweed Valley, Australia
Incoming Exchange: Kiel, Germany
- 2001- Incoming Exchange: Lima, Peru
Outgoing Exchange: Howick(Auckland) & South Taranaki New Zealand, Tour of South Island
- 2002- Outgoing & Incoming Exchange: Morganton, NC,
Library of Congress Emerging Russian Leaders
- 2003- Outgoing Exchange: Braunschweig Peine, Merseburg, Germany
10 Japanese Students from Hanamaki Minami
- 2004- Outgoing Exchange: Jundiai and Curitiba, Brazil
Library of Congress
- 2005- Outgoing Exchange: Rostov-on-Don, Russia
Incoming Exchange: Open World Special Education Teachers
- 2006- Incoming Exchange: Florida Sun
- 2007- Outgoing Exchange: Florida Sun and Ft. Meyers, Florida
- 2008 - Incoming Exchange: Azerbaijan
Incoming Exchange: Lake Hartwell, GA, SC
Outgoing Exchange: Lethbridge, Canada
- 2009 - Incoming Exchange: Long Island, NY
Outgoing Exchange: Izmir, Turkey
- 2010- Outgoing Exchange: Lake Hartwell, GA, SC
Incoming Exchange: Tashkent, Uzbekistan
- 2011- Outgoing Exchange: Long Island, NY
Incoming Exchange: Lethbridge, Canada
- 2012- Outgoing Exchange: Manchester, UK & Varel, Germany
Incoming Exchange: Derbyshire, UK
- 2013- Outgoing Exchange: Spokane, WA
- 2014- Outgoing Exchange: Hamilton-Waikato, NZ & Newcastle, New South Wales, Australia
Outgoing Exchange: Charleston, WV
Incoming Exchange: Spokane, WA
Incoming Exchange: Western North Carolina
- 2015- Outgoing Exchange: Harrisburg, PA
Incoming Exchange: Harrisburg, PA

2016- Outgoing exchange: Penticton, BC, Canada
Incoming exchange: Open World Ukraine
Incoming exchange: Peaks to Plains Global Exchange

2017- Incoming Exchange: Manitoba, Canada