

THE CHEYENNE ROUNDUP



friendship force
CHEYENNE



CLUB OFFICERS

- President Terry Udell
- Vice-President Tim Bolin
- Secretary Helen Lovett
- Treasurer Loretta Humphrey

Committee Chairpersons

- Membership Donna Logan
- Hospitality Ingrid and Rod Larson
- Program Barbara Guilford
- Publicity Tony Adams
- Newsletter / Website David Larsen
- Historian Vanda Edington & Barbara Guilford

Members responsible for.....

- Directory Judy Eatmon
- Logo Renewal John Kaiser

CALENDAR of EVENTS

Meetings:

No Meetings during June, July & August

September 9 — Potluck at St. Paul's Lutheran Church.
Program on the **Galápagos Islands** (info on page 8)

Exchanges:

To Hamilton, New Zealand & Kempsey, New South Wales, Australia (more info on page 6)

Events:

August 10th — Picnic at Judy & Bob Eatmon 's home:
4740 Sagebrush Ave. @ 4:30 pm. RSVP by phone/email.

August 18th — Annual Picnic with the Northern Colorado club. We are to provide a covered dish which includes desserts. They will furnish BBQ sandwiches, drinks and place settings. Food at 1:00 P.M.

North Park Lake, "NL Shelter#3" Lake Loveland
2750 North Taft Avenue, Loveland CO

Board Meeting:

September 3 — 2:00PM Laramie Co.
Library-Willow Room

Good Stuff Inside

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**Pot Luck Dinner & General Membership Meetings are at
St. Paul's Lutheran Church - 19th St. & House Ave.
at 6 PM unless other wise noted.
Please use west parking lot.**



Terry's Tidbits

2013

Members, as we go into our summer recess, I want to wish everyone a safe and wonderful summer vacation. I will keep this short and sweet.

I want to remind everyone of the Annual Picnic with the Northern Colorado club. It will be held on Sunday, August 18th. Please put this on your calendar. They will begin serving at 1:00 PM. We are to provide potluck covered dishes (that includes desserts). They will furnish BBQ sandwiches, drinks, and place settings.

The Picnic will be held at the same place as it was held three years ago:

North Park Lake, "NL Shelter #3" Lake Loveland

2750 North Taft Avenue

Loveland, CO

They have the Park rented from Noon until 5:00 PM. Please let us have a good turnout for this occasion. They certainly represented themselves well when they came to Cheyenne last year. Hope to see you all there.

And again, have a good summer and we will continue on in September.

In Friendship,

Terry

TREASURER REPORT
is provided on a quarterly basis.

General Meeting Minutes for May 13, 2013

President Terry Udell called the meeting to order at 6:50 pm following a pot luck dinner.

Guests present were Lori Wilson and Pat Schaffer.

Old Business:

- Tim Bolin, E.D. for the Washington State out-going exchange, explained that many of tonight's missing members are on their way to Washington State. He suggests that an incoming E.D. for the Washington State F.F. clubs visit the summer of 2014 be determined at the September meeting, when we next meet.
- Donna Logan has new Friendship Force brochures available to replace our out-dated brochures.
- Terry Udell asks for the club to consider purchase of a much needed projector that would be available for the general meetings and conference functions. David Lovett made a first motion that we purchase a projector with Dennis Guilford making a second. Discussion followed with suggestion that the purchase price be split between the regular fund and the conference fund. Rod Larson and Barbara Guilford presented literature on various projectors which were then passed around the group.
- Barbara Guilford announced Edith Cook will be speaking on Japan/China in September and Dot Kada from the Ft. Collins F.F. club will speak on Burma in October.
- David Larsen included a nice write-up in the last newsletter about the 2014 Australia/ New Zealand outgoing exchange. Tony Adams is the E.D. and will share information about this trip as he receives it via e-mail over the summer. Tentative limit of 20 slots has been set.
- Old archives arrived at Terry Udell's home recently. He would like a committee to sort out this information with guidance from Tony Adams. Discussion followed. Eleanor Hanson and Mabel Wilson volunteered to tackle this project. Tony Adams will

Minutes (continued)

be the chairman. Please contact Tony or Terry if you have any club records that should be included in this project.

- Barbara Guilford suggested that F. F. have a booth at Super Days Festival on June 22 in Lyons Park. She volunteered to work this booth if there are two volunteers to relieve her. Barbara suggested getting involved with the schools, reaching a younger group of people interested in travel, culture and goodwill. Tim Bolin motioned that the \$45 or necessary fee be paid by the club to allow F.F. a booth at the event with Dona Logan making a second.
- Discussion about auditing the bank account used for outgoing and incoming exchanges took place. Tim Bolin stated that the account is presently self-audited as it passes to the next E.D. that will be using the account. Terry Udell asked Howard Last if he would audit this account following the return of the current outgoing exchange. He agreed. Donna Logan motioned for this audit and Ross Peery followed with a second.
- Current club bylaws include compensation for the outgoing E.D.'s duties but do not state any compensation for incoming E.D.'s, although it has been customary to pay all meal and fees during the exchange. Bylaws are to be addressed after the current outgoing exchange is completed and Howard has audited the First Interstate Bank account
- Cindy Last requested a "Bad Weather" alert for members during the last board meeting. Tony Adams made a motion for the president to send an e-mail if there is a meeting/function cancellation. Wil Madrid voiced a second. It is the responsibility of each member to check their e-mail to see if the meeting/function in question is cancelled due to weather. The 4 members without e-mail accounts will be alerted by other members should there be a cancellation.
- Howard Last thanked the F.F. club for the donation made to the Guide Dog Organization in memory of his wife, Cindy. Cindy recently passed away unexpectedly at home. Howard said that Cindy was very involved with this organization. It cost roughly \$55,000.00 to train a dog. This is an intense training requiring one on one training all day, every day. Howard and his daughter have themselves donated \$6,000.00 to sponsor one dog.

Minutes (continued)

- Barbara Guilford thanked Helen Lovett, secretary, for the thorough minutes on each of the meeting programs this past year. Barbara sends a copy of the club minutes to each of the speakers following their presentation to show our appreciation.
- Barbara Guilford thanked David Larsen for his incredible talents of putting together our newsletter each month.
- Donna Logan offered to Pet/House Sit for any F.F. Cheyenne club member at a reduced rate. She typically charges \$25.00 per day but offers a \$15.00 per day fee for our members.
- Donna Logan passed out birthday cards and thanked everyone for keeping her informed about our members. Jan Udell then drew Donna Logan's name as the winner of the Cold Stone Creamery gift card door prize this evening. How can you win the door prize? Wonder what the prize is in September? Well, sign the attendance sheet when you come join us for dinner and a program to find out!
- Terry Udell suggested a \$.25 penalty fee be placed in a cup at future meetings if a member fails to wear their name badge. Tim Bolin made a motion to bump the penalty up to \$1.00 with David Lovett (without badge...I am the guilty party leaving it on the table at home) seconding the motion.
- Terry asked for someone to take over the duties of the Hospitality Committee due to Cindy Last's unexpected passing. Ingrid and Ron Larson volunteered to relieve Howard Last of those duties.
- Wil Madrid and Tim Bolin both made motions to purchase the Epon \$649.90 projector, discussion followed and both withdrew their motions. John Kaiser motioned that Rod Larson study the matter and bring the Executive Committee his suggestion and that the projector be purchased this summer so that it is available for the September meeting. David Lovett seconded the motion.
- Meeting adjourned at 7:45 p.m.

Outgoing Exchange

Kempsey, New South Wales, Australia & Western Waikato, Hamilton, New Zealand

"Lovely to hear from you." is the beginning of an e-mail from **Margaret Garden, Exchange Director in New Zealand**, along with **Pat Mathews**. They are also asking **Jan Alderton** and **Carole Irwin** to help them, and we will be hosted by the "newly" formed club that is merging by the end of the year.

Although there are a lot of details to work out, the NZ club has agreed to start their exchange on **March 21, 2014**. We asked for and received approval of this earlier date due to Easter holidays and school holidays in the two countries. To give you a hint of what to expect in NZ, Margaret wrote: "The time of the day that you arrive in Auckland can make a difference. Our last inward exchange arrived very late in the evening and they stayed overnight at a Hotel near the airport. The next day we took a bus to Auckland (approximately one and a half hours travel) took them on a day tour of Auckland, including the Viaduct Basin, the Museum, Parnell Village and Auckland Domain and One Tree Hill where you get a great view of the city. We then brought them down to Hamilton for a wine and canapés reception before their hosts took them home for dinner. The day trip around Auckland cost them very little more than just the bus trip (around NZ\$50 pp). That of course varies greatly on the number of Ambassadors. This would fit very well with your idea of arriving on the 20th and coming to us on the 21st." (Note: We need to leave Denver on Tuesday, March 18, in order to arrive in Auckland on Thursday, March 20, staying overnight in Auckland.)

For ambassadors who are considering this exchange, I am still getting information on costs. But, NZ writes that the Host fee usually covers the Welcome Reception and the Farewell Dinner, some incidentals and one bus trip. The trip from the Airport to the NZ club is always the Ambassadors' cost, but they arrange it. Extra costs will be involved during the week based on the specific programs. They are working on those details. But the club always tries to keep costs as low as they possible.

Their team has put together a list of possible outings, some at no cost so every day will not be expensive.

The **Australia Exchange** has several preliminary details to work out, but if we were to start it immediately after the NZ exchange, it would be from around the **29th of March 2014 thru April 4th or 5th**. *These dates have not been confirmed with the Australia Club.*

Please contact **Tony Adams** at tonyadams43@hotmail.com, if you are interested in participating in this wonderful and exciting, and fun exchange. Also, if you can answer the following questions, planning can start with the NZ and Australia clubs.

Please answer these questions for Tony in your email:

1. Yes, I would like to go on this exchange! ____ (please indicate how many people____)

2. ____I would like to tour for three or four days in New Zealand before going to Australia for that exchange.

or: ____ I would like to go to Australia as soon as we finish the New Zealand exchange.

3. I would be interested in doing the following in New Zealand:_____

4. I would be interested in doing the following in Australia: _____

*There are links to Weather and Climate
for both N. Z. & Australia
on the our website*

www.FriendshipForceCheyenne.org

September Program on the Galápagos Islands by Lyn Ferguson

Lyn E. Ferguson retired to Estes Park, Colorado, after 25 years as the counselor of Triumph High School in Cheyenne. She earned a PhD in Counselor Education from the University of Florida. Ferguson has observed and photographed natural wonders and wildlife in Africa, Costa Rica, Peru, Galápagos Islands, Mexico, Canada, Alaska, Hawaii, National Parks throughout the United States, and now Estes Park. Her other interests include writing poetry, singing with a women's chorus, and hiking. Her photography reflects respect and gratitude for the gifts of nature and an ability to pay attention to the large and small in nature. She finds that "everything experienced by the senses is meant for the spirit". Therefore the visual art of photography, at its finest, is spiritual expression.

Ferguson will present a program on the Galápagos Islands at the September 9 Cheyenne Friendship Force meeting. Her program captures the essence of the Galápagos Islands through slides and music and is entitled, Galápagos Islands: A Living Museum and Showcase of Evolution.



THAT *GREEN* THING

Checking out at the store, the young cashier suggested to the much older woman, that she should bring her own grocery bags because plastic bags weren't good for the environment.

The woman apologized and explained, "We didn't have this 'green thing' back in my earlier days."

The young clerk responded, "That's our problem today. Your generation did not care enough to save our environment for future generations."

She was right -- our generation didn't have the 'green thing' in its day.

Back then, we returned milk bottles, soda bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So they really were recycled.

But we didn't have the "green thing" back in our day.

Grocery stores bagged our groceries in brown paper bags, that we re-used for numerous things, most memorable besides household garbage bags, was the use of brown paper bags as book covers for our schoolbooks. This was to ensure that public property, (the books provided for our use by the school) was not defaced by our scribbling. Then we were able to personalize our books on the brown paper bags.

But too bad we didn't do the "green thing" back then.

We walked up stairs, because we didn't have an escalator in every store and office building. We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks.

But she was right. We didn't have the "green thing" in our day.

Back then, we washed the baby's diapers because we didn't have the throwaway kind. We dried clothes on a line, not in an energy-gobbling machine burning up 220 volts -- wind and solar power really did dry our

clothes back in our early days. Kids got hand-me-down clothes from their brothers or sisters, not always brand-new clothing.

But that young lady is right; we didn't have the "green thing" back in our day.

Back then, we had one TV, or radio, in the house -- not a TV in every room. And the TV had a small screen the size of a handkerchief (remember them?), not a screen the size of the state of Montana . In the kitchen, we blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the mail, we used wadded up old newspapers to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn gasoline just to cut the lawn. We used a push mower that ran on human power. We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity.

But she's right; we didn't have the "green thing" back then.

We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull.

But we didn't have the "green thing" back then.

Back then, people took the streetcar or a bus and kids rode their bikes to school or walked instead of turning their moms into a 24-hour taxi service in the family's \$45,000 SUV or van, which cost what a whole house did before the "green thing." We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerized gadget to receive a signal beamed from satellites 23,000 miles out in space in order to find the nearest burger joint.

But isn't it sad that the current generation laments how wasteful we old folks were just because we didn't have the "green thing" back then?

UNDERSTANDING EXCHANGE TERMINOLOGY

INBOUND EXCHANGE: a group coming to visit our club, usually for 5-7 nights.

OUTBOUND EXCHANGE: the club is traveling to visit another Friendship Force club, either on a domestic exchange (within the US) or to an international location.

AMBASSADOR: the term used for the person visiting the host FF club; an inbound visitor is the “ambassador” when we are hosting; if you travel outbound on an exchange, you are the “ambassador”.

ED: Exchange Director, the person in charge of coordinating the events with the help of a volunteer committee, which will meet several times prior to the exchange visit to plan logistics.

HOME HOST: Your home: this is where the ambassador/s will stay during the exchange. If you have a bed available for a couple, a single person or two singles, then we need you. You’ll have a chance to “open your home and heart” to share the American culture. You will provide meals, transportation, and companionship to your guest/s, share your family, favorite places and things to do in the Cheyenne area. You’ll enjoy sharing your life and introducing our city to our guests. Most likely you will gain new life-long friends.

DAY HOST: A home host may ask for help during the exchange by asking for a “day host.” This gives the home host a chance to plan for the evening when the ambassador/s return. A day host is a great way to get to know our guests by taking part in the day’s planned itinerary. You become their buddy for the day and accompany one or two guests throughout the day until returning them to their home hosts. You could be the driver, a walking companion, and perhaps host their lunch.

FRIENDSHIP DINNERS HOST/HOSTESS: During the week we plan small dinner gatherings (10-12 persons) in several members’ homes. This gives an opportunity to meet and talk with more of the ambassadors. These also give a break to the home hosts from preparing an evening meal. After a day of activity it’s very welcoming to sit and relax in a member’s home.

COMMITTEE PLANNERS: Committee meetings are important for planning all of our exchanges. The committee is the group that makes the plans for the week’s activities. One individual may be the “leader/ planner” for one of the day’s activities. You can volunteer to help at a monthly meeting or you can contact the President or the ED.



friendship force
CHEYENNE



www.FriendshipForceCheyenne.org

(this is ORG not COM!)

The latest Bylaws, Newsletters, Info and Reports are available whenever you want them. Please visit the site and let us know what else you'd like to see. A Frequently Asked Questions [FAQ] has been added to our site.

The International Friendship Force web site now links directly to our club's site so interested people can find out about what we do and where we meet.

*Know someone who may be interested in joining
Friendship Force of Cheyenne?*

New Member - The Friendship Force of Cheyenne

Contact our membership chair for more information:

Donna Logan, 253 Abby Rd. Cheyenne, WY, 82007

E-mail: DonnaLogan@MSN.com * Cell: 307-221-2098.

Dues are very affordable: Individual-\$25 or Family-\$40

The application form for joining the Friendship Force of Cheyenne
(or renewing your membership)

is on our website:

FriendshipForceCheyenne.ORG/Membership.html

Friendship Force Pledge

“As a member of the Friendship Force I recognize that I can make a difference, I recognize that I have a mission; that mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my own fellow citizens and the people of other nations, The cause of friendship, love, and peace will be furthered. I can make a difference.”



Joy DiBenedetto

New FFI President and CEO
effective on July 15, 2013.

FFI Fee Increases

2014 & 2015

For club exchanges in 2014 the FFI ambassador fee is \$165 per week (5-7 nights) for exchanges outbound from the USA and \$140 per week from all other clubs.

The current (2013) FFI ambassador fee is \$150 per week (5-7 nights) for exchanges outbound from the USA and \$125 per week from all other clubs.

The current club affiliation fee of US \$10 per individual and US \$17 per family will increase in 2015. The club affiliation fee will increase to US \$15 per individual and US \$25 per family.

CHEYENNE FRIENDSHIP FORCE**TREASURER REPORT**

AUGUST 5, 2013

(2nd QUARTER REPORT)

Balance in the Checking Account as of: **April 8, 2013 \$9,540.71****INCOME**

Dues Collected	25.00
Interest Earned	1.95
Sale of Pins	77.00
From Donna Logan	1.00

TOTAL INCOME **\$ 104.95****EXPENSE**

Ck# 1611 - Terry Udell/Brochures	26.00
Ck# 1612 - Judy Eatmon/Mailing	12.35
Ck# 1613 - Rod Larson/Projector	523.08
Ck# 1614 - Judy Eatmon/Brochures	82.68
Ck# 1615 - Donna Logan/Name Tags	22.26

TOTAL EXPENSE **\$ 666.37*****BALANCE IN CHECKING ACCOUNT*** **\$ 8,979.29**

Continued on next page

Bruni Naylor Memorial Fund	\$2,230.00
Contribution	25.00
TOTAL	\$2,255.00

Regional Conference Funds
(To be held for Future Conference) **\$1,085.48**

PLEASE NOTE: The Bruni Naylor Memorial Fund and the Regional Conference Fund are included in the Checkbook Balance.

Respectfully submitted,

Loretta Humphrey

Treasurer