# THE CHEYENNE ROUNDUP

friendship force
CHEYENNE

**October 2016**

## CALENDAR of EVENTS

Pot Luck Meeting — **October 10th.**

Incoming Exchange — Manitoba, Canada — **June 2017** (probably).

### Good Stuff Inside


President's Message — 2

Officers & Program Info — 3

Treasurer's Report — 4

Penticton-Okanagan Exchange — 5~7

Summer Picnic — 8

Birthdays — 9


***October 10th.***

***Monthly Meeting***
***pot luck dinner***
***Casey's Club***

507 West 28th Street

**at 6 PM**

**Enter from west parking lot.**

*Wyoming Fall © David Larsen 2008*

# The Prez's Page

Hi FF members,

Fall and October are here already! We have been busy with our outbound exchange to Penticton, BC followed quickly by the inbound Global Peaks to Plains Exchange. Penticton was great - please see the article and pics in this newsletter.

The inbound was short and sweet. It was fun to meet ambassadors from US, Canada, and New Zealand and give them a taste of the west in a couple of days. Thanks to Jan Behrens for all of her hard work on this exchange!

Our next meeting will be a potluck on Monday, Oct. 10, 6 pm at Casey Club. Since we haven't met for several months, there are several items of business that need to be addressed. Also, Jan and David Larsen will give a program on their Global Exchange to Banff, Lethbridge, Calgary, and Medicine Hat.

Enjoy this beautiful fall weather!

See you all October 10th!

*Judy*

## CLUB OFFICERS

| | | | |
|---|---|---|---|
| President | Judy Eatmon | eatmonjudy@gmail.com | 632-6547 |
| Vice-President | Tim Bolin | tjjbolin@msn.com | 634-9300 |
| Secretary | Bev Swistowicz | bswistow@msn.com | 778-3073 |
| Treasurer | John Lee | JLee9901@aol.com | 631-1764 |
| Past-President | John Kaiser | jkaiser3@msn.com | 635-6050 |
| **Committee Chairpersons** | | | |
| Membership | Donna Logan | DonnaLogan@MSN.com | 221-2098 |
| Hospitality | Ingrid & Rod Larson | A1LARS@aol.com | 635-4916 |
| Program | Barbara Guilford | guibaum7@yahoo.com | 634-0309 |
| Publicity | Tony Adams | tonyadams43@hotmail.com | 635-5732 |
| Newsletter/ Website | David Larsen | FFC@LoneTreeImages.com | 632-1703 |
| Historian | Barbara Guilford | guibaum7@yahoo.com | 634-0309 |
| **Members responsible for…..** | | | |
| Directory / Calendar | Judy Eatmon | eatmonjudy@gmail.com | 632-6547 |
| Logo Renewal | John Kaiser | jkaiser3@msn.com | 635-6050 |

## Calgary Stampede and Alberta Heritage Global Exchange

Jan & David Larsen will present their experiences on the Global Exchange to Southern Alberta. Pictures and discussion.

David receiving the club's "Spirit of Friendship Award" from Judy Eatmon at the Summer Picnic.

# TREASURER'S REPORT
## April - September – 2016

| | | |
|---|---|---|
| **Balance as of: March 28, 2016** | | **$4235.56** |
| INCOME | | |
| Interest earned | | $ 0.78 |
| Deposit for membership dues and pin | | $39.60 |
| **TOTAL INCOME** | **$ 40.38** | |
| EXPENSES | | |
| Ck#1668 Ingrid Larson – meeting supplies | | $ 10.78 |
| Ck#1670 Judy Eaton – pin for Dave Bentzin | | $ 9.60 |
| Ck# 1671 Tim Bolen - Picnic food & supplies | | $ 25.85 |
| Ck# 1672 Donna Logan – picnic food | | $ 89.01 |
| Ch# 1673 Ingrid Larson – storage container | | $ 11.06 |
| **TOTAL EXPENSES** | **$146.30** | |
| **BALANCE as of: September 28th,2916** | | **$4129.64** |

Regional Conference Fund
To be held for future Conference $ 885.48

NOTE: The Regional conference funds are included in the checking account.

Respectfully submitted,
John P. Lee
Treasurer

## Outbound Exchange to Penticton-Okanagan, BC

Thirteen members of FFC recently returned from a fun exchange to Penticton, BC. Penticton – meaning "a place to stay forever" – is in the beautiful Okanagan Valley between Okanagan Lake (83 miles long) on the north and Skaha Lake (7 miles long) on the south. Penticton has a population of about 33,000 which increases to over 100,000 in the summer months. With the lakes for irrigation and a temperate, fairly dry climate, Penticton is ideal for agriculture. There are miles and miles of orchards and vineyards growing right up to the base of the mountains. Apricots, cherries, nectarines, peaches, pears, plums, raspberries and strawberries had already been harvested before we were there, but the apples and grapes were heavy waiting for the harvest. A large variety of vegetables are also grown. The area is a popular tourist attraction for its beaches, warm water, channel floating, and many hiking and biking trails. For wine lovers, there are over 100 wineries in the area. After our week there, we could certainly see why so many love it.

Of course, the best part of a FF exchange is making new friends. The Penticton club, which also includes members from Summerland, Oliver, and Osoyoos, was very welcoming. They showed us a large variety of sights in the area and as always, we were well fed! We enjoyed visiting with the members and learning about their home.

Continued on following page

A few highlights from our Penticton trip:

- A picnic supper with FF friends in Spokane at the beautiful Arbor Crest Winery
- Welcome picnic at Skaha Lake Park, followed by a stroll along the beach
- Tour of SS Sicamous, an old steamship, that used to deliver fruit and other goods on Okanagan Lake
- Tour of Okanagan Gleaners, a non-profit Christian organization that turns donated vegetables and volunteer labor into bags of dried soup mix that is sent to feed hungry people in 55 countries (9.6 million people this year!)
- Tour of CHIME – Canadian Hydrogen Intensity Mapping Experiment – that explores the outer reaches of space with radio waves and a supercomputer
- Tour of NK'MIP Desert Cultural Center, a tribute and history of Canada's First People
- Wine-tasting at the See Ya Later Ranch
- Visits and meals in several beautiful parks and golf courses
- Farmers' Markets – large and small
- Walks, hikes, and biking along many scenic trails
- A farewell dinner with an officer from the Royal Canadian Mounted Police, a man large in both stature and personality

This was a wonderful exchange that fulfilled the goals of Friendship Force!

***More Penticton-Okanagan exchange photos on our website!***

Granny's
FRUIT STAND

# Friendship Force Summer Picnic with Northern Colorado

# Birthdays

**SEPTEMBER**

**9th – Beverly Swistowicz**

**17th – Julie Bolin**

**OCTOBER**

**1st – Jan Larsen**

Sylvia Churchman, NZ, Barbara Guilford, Dennis Guilford, Penny Briscoe, Michigan at the recent International Exchange.