

# THE CHEYENNE ROUNDUP



friendship force  
CHEYENNE



Summer 2016

## CALENDAR of EVENTS

FFC & NoCo Picnic — **Sunday, August 14.**

Outgoing Exchange — Penticton-Okanagan, BC. — **Aug 26 ~ Sep 2, 2016**

Incoming Exchange — Peaks to Plains, **Sept. 9 - 12, 2016.**

**FFI International Conference** Marrakech, Morocco **Sept 16-19**

Pot Luck Meeting — **October 10th.**

Incoming Exchange — Manitoba, Canada — **June 2017** (probably).

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**October 10th.**

**Monthly Meeting  
pot luck dinner  
Casey's Club**

**507 West 28th Street**

**at 6 PM**

**unless otherwise published.  
Please use west parking lot.**

**Come to the annual Cheyenne/NoCo FF Picnic!**

Sunday, August 14 1:00-4:00 pm

Holliday Park - shelter near the Big Boy Steam Engine

## *The Prez's Page*



Hi FF members,

I hope everyone is having a good summer. Frontier Days are just around the corner and then our August activities will be upon us.

Three events will be happening within a short time. Our annual picnic with the Northern Colorado Club will be held at Holliday Park on August 14. Our out-bound exchange to Penticton, BC will be August 26-September 2. Finally, ambassadors with the incoming Plains to Peaks Global Exchange will be in Cheyenne Sept. 9-12. See details about these events in this newsletter.

We hope to see a good turnout of our Cheyenne Club at both the picnic and the farewell dinner for the Global Exchange on Sept.11. We have taken a break over the summer. It will be fun to get together again. Our regular meetings will begin again in October.

See you all soon!

*Judy*

**CLUB OFFICERS**

President	Judy Eatmon	eatmonjudy@gmail.com	632-6547
Vice-President	Tim Bolin	tjbolin@msn.com	634-9300
Secretary	Bev Swistowicz	bswistow@msn.com	778-3073
Treasurer	John Lee	JLee9901@aol.com	631-1764
Past-President	John Kaiser	jkaiser3@msn.com	635-6050

**Committee Chairpersons**

Membership	Donna Logan	DonnaLogan@MSN.com	221-2098
Hospitality	Ingrid & Rod Larson	A1LARS@aol.com	635-4916
Program	Barbara Guilford	guibaum7@yahoo.com	634-0309
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Newsletter/ Website	David Larsen	FFC@LoneTreeImages.com	632-1703
Historian	Barbara Guilford	guibaum7@yahoo.com	634-0309

**Members responsible for.....**

Directory / Calendar	Judy Eatmon	eatmonjudy@gmail.com	632-6547
Logo Renewal	John Kaiser	jkaiser3@msn.com	635-6050

**Come to the annual Cheyenne/NoCo Friendship Force Picnic!**

This joint picnic has been a tradition for the Cheyenne and Northern Colorado clubs for many years. (Does anyone know how long we've done it?) We take turns hosting and this year is our turn.

Date: Sunday, August 14

Time: 1:00-4:00 pm

Place: Holliday Park - shelter near the Big Boy Steam Engine

The Cheyenne Club will provide chicken, drinks, and tableware. Our club members will bring salads/sides. The NC club will bring desserts, chips, rolls. The shelter is near the horseshoe pits. If you have horseshoes, you might bring them along. Please RSVP to Judy (eatmonjudy@gmail.com) by August 5. Hope to see you there!!

## Meeting Minutes: May 9, 2016

Twenty-four members and five guests enjoyed the pot luck dinner. The meeting was called to order at 6:45pm.

**Jan Behrens** reported on the Peak to Plains exchange, Sept 9-12, 2016. There will be approximately 20 ambassadors. Jan will be contacting those who volunteered to host for this exchange in the near future. She has a committee that is working on details. She will need additional volunteers for the Mix and Match dinners that will be held on Saturday, Sept 10.

**Judy Eatmon** discussed the Penticton exchange. Those planning on attending must get applications to Judy as soon as possible.

She said that club had agreed to host an incoming exchange from Manitoba, Canada. This will probably occur in June 2017. An ED is needed as soon as possible. Please let Judy know.

The International organization has asked that the club complete a domestic exchange survey. Then FF will send out a list of all clubs that have agreed to host a domestic exchange in 2017. The club agreed that we would be willing to host in July, August, or September of 2017.

Seven club members will attend the Regional FF conference in Grand Junction, Co May 13-15, 2016. There will be presentations from FFI and others and time to visit some of the highlights of Grand Junction. There will also be a silent art auction. If any club member has art to donate, please contact Judy and she will be sure the art is delivered.

**Carolyn Webber** could not attend but she submitted the final financial report on the Open World exchange with the Ukrainian professionals. There was \$903.15 in the exchange budget. Almost all expenses were covered by Open World/Friendship Force International. Most expenses were meals. The Cheyenne club ended up paying \$21.60. This left \$881.55 in the exchange budget.

Judy stated that Cheyenne will host the annual picnic with the Northern Colo-

rado club on August 14, 2016. She will need a committee to coordinate this event. **Tony Adams, Donna Logan** and **Tim Bolin** volunteered to help.

It was decided that there would not be summer meetings. The next gathering will be August 14 at the picnic. However, members will be contacted to help in the various activities coming up in the summer and early fall.

Two of our guests, **Karyn Knutson** and **Kim Strand** presented a very interesting talk and slide show about their trip to Iceland last May. They had traveled 28 days in Europe and ended their trip in Iceland for 3 days. A few mishaps, but overall a wonderful experience. The geographic features, history, food, and architecture were discussed. They only had time to visit the southern portion but are ready to return and learn more about this country.

Respectfully submitted,  
Beverly Swistowicz

### **Calgary Stampede and Alberta Heritage Global Exchange**

WOW! What more can we say about the wonderful trip we just had. We met up in Calgary with 41 fellow ambassadors from all over the world, New Zealand, Australia, Korea, Canada and the U.S. for an 18 day Friendship Force Global exchange tour of Canada. We left Calgary on a motor coach and went to Medicine Hat for a three day home stay, then on to Lethbridge for another home stay. After that we went to Banff for four days in a hotel. In Banff we experienced the most beautiful scenery and got to walk on the glacier, ride the gondola, walk on the skywalk and take a boat ride on the lake. It was truly magnificent. After that we went back to Calgary for a six day home stay and took in the Calgary Stampede. In 18 days we got to know our fellow ambassadors pretty well and made some nice friendships. The hosts in the three cities were just great and even though 41 of us stretched their resources they gave us a good bit of history and took us to the most interesting of places.

Jan & David Larsen

## FFI Peaks to Plains Global Exchange: Cheyenne: Sept. 9-12

Our first opportunity to host a FFI Global Exchange is drawing near.

Ambassadors (21 total: 13 US, 7 Canada, and 1 New Zealand) have been selected, Cheyenne Host homes(11) have been assigned, and our program is in place.

Ambassadors will arrive Friday afternoon, Sept. 9, and depart Monday morning, Sept. 12 for home stays along the Front Range and Western Slope of Colorado.

Saturday, Sept. 10, they will enjoy a talk/tour of a ranch, a stop at the Lincoln Monument followed by a picnic and perhaps a hike at Vedauwoo. The day will end at Mix-and-Match small group dinners at several homes.

Sunday, Sept. 11, Ambassadors will eat noon lunch on the Terry Bison Ranch train as they ride through the bison herd and will then tour the Cheyenne Railroad Museum. That evening they will join Cheyenne FF members at the Knights of Columbus for a Milk Can dinner.

We need to know if any of you would like to participate in any of the activities. And we hope all of you will attend the Milk Can Dinner and meet and socialize with the Ambassadors.

We will need assistance with day host drivers; hosts for Mix-and Match dinners; and Milk Can Dinner set-up, decorations, clean-up and food delivery and/or preparation.

Please call or email Jan Behrens with your offer to help and/or your interest in attending any of the activities, including the Milk Can Dinner. Telephone: 307-638-2975 (leave your return number or a message if no answer) or

Email: [janbehrens1@gmail.com](mailto:janbehrens1@gmail.com).

We're looking forward to another great exchange! Thanks for your participation.

Jan Behrens

## Friendship Force of the Mountain States Region Presidents

**Denver** Carl Dawson CarlDawson@remax.net

**Northern CO** Barbara Miller bmill4708@comcast.net

**Pikes Peak** Dan Hannaway dgmh@comcast.net

**Utah/Salt Lake City** Judy Cohen judycohen@xmission.com

**Western CO** Sue Moyer suemoyer51@gmail.com

**Mtn States Field Rep** Sue Palmer alfshouse12@hotmail.com

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## Mountain States Region Friendship Force Club Websites

Cheyenne -- <http://www.friendshipforcecheyenne.org>

Denver -- <http://friendshipforcedenver.org>

Northern Colorado -- <http://ffncolo.com>

Pikes Peak -- <http://friendshipforcepikespeak.com>

Utah/Salt Lake City -- <http://www.friendshipforceofutah.org>

Western Colorado -- <http://www.ffwcolo.com/>

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## Outbound Exchange to Penticton-Okanagan, BC

Thirteen ambassadors from the Cheyenne Club are looking forward to making new friends in Penticton, BC from August 26 - September 2. Most of us are planning to drive the 1200+ miles and will see lots of beautiful country along the way. We hope to have dinner with friends from our Spokane exchange on the way up there.



Penticton sits along two large lakes in the Okanagan Valley and is in the middle of wine country.

We look forward to hiking, biking, touring wineries and enjoying the history and culture of the area while making new friends. It should be a memorable exchange!

## Friendship Force Song

(Tune: Auld Lang Syne)

Through Friendship Force we make new friends,  
Throughout the whole wide world,  
We come to know each other's ways,  
We share our flags unfurled.

You visit us, we visit you,  
We're sad to see it end,  
But the world is now a better place,  
For we call each other "friend."

The world is now a better place,  
We call each other "friend."

Put on a  
Friendship Face!

## Friendship Force Regional Conference May 13-15, 2016 Grand Junction, CO

Sixty-two representatives from clubs from Wyoming, Western Colorado, Northern Colorado, Denver, and Utah attended the conference. Wyoming was well represented. **Dennis** and **Barbara Guilford**, **Terry** and **Jan Udell**, **Loretta Humphrey**, **David Bentzin**, and **Beverly Swistowicz** attended.

After a video introduction by the new CEO, **Jeremi Snook**, the keynote speakers were **Matthew Nidek**, FFI Director of Operations and **Dave Kalan**, FFI Board of Directors. The presentations included changes in the Atlanta office, updates on the new website and database, and the Strategic Plan overview including: Special Exchanges, Building Partnerships, Branding, Marketing, and Leadership Development. The three afternoon breakout sessions: Marketing Strategic Plan and Promoting; Leadership for Leaders; and Themed Exchanges included more opportunities to expand the morning presentation and to share ideas among the club members.

We met the new field rep, **Sue Palmer**, from Western Colorado who is replacing our own **Barbara Guilford** in that role.

There was a silent auction. Money went to the Atlanta office to help pay for the website and data base. Over \$1000 was collected.

It wasn't all business. There were 3 pre meeting activities: Downtown Walking Tour, Wine Country Tour, and the Colorado National Monument Tour. There were opportunities to renew old friendships and meet new friends at the two social hours. Snacks and meals were plentiful. The closing banquet at the Two Rivers Convention Center was delicious.

Western Colorado FF club were gracious hosts. The next regional conference will be in 2018 in Denver, Colorado.

Beverly Swistowicz

## Regional Conference



Our Gang at hotel reception in Grand Junction



**Sue Palmer**, Our new field rep from Western Colorado

**James Dalton Trumbo**, Hollywood Writer, Recipient of academy awards featured in recent movie, Trombo.  
[Search Wikipedia for Dalton Trumbo]



For a more detailed report on the conference by Jan Udell, go to our website ([www.friendshipforcecheyenne.org](http://www.friendshipforcecheyenne.org)) and click on “Regional Conference Notes.”

# *Summer Birthdays*

**June 8th – Wil Madrid**

**July 18th – Loretta Humphrey**

**July 21st – Barbara Guilford**

**August 18th – Jone Jones**

**August 23rd – Tim Bolin**

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Treasurer's report is  
provided on a quarterly basis.

## **50th Wedding Anniversary**

Dennis and I celebrated our 50th Wedding Anniversary, June 3. Dennis took me to Yellowstone Park's Heart Lake on our honeymoon. We had an eight mile trudge over snow and ice to get to the lake where the wind howled and kept us in a tent for three days. It was a torture trip for me, but we managed to get to Jackson's famous Silver Dollar Bar and Hotel eventually. In 2015 Dennis and I stopped by the hotel once again. It has been an exciting 50 years to say the least and visiting National Parks is our shared passion.

Barbara Guilford