

THE CHEYENNE ROUNDUP



friendship force
CHEYENNE



CALENDAR of EVENTS

Member Meeting — October cancelled (see outgoing exchange).

Member Meeting — November 10th. (Annual Meeting)

Member Meeting — December 8th. (Christmas Party-see page 9)

Outgoing Exchange — Charleston WV — **October 7~14, 2014.**

Outgoing Exchange — Harrisburg, **May 13-20, 2015.**

Incoming from Harrisburg — **September 16-23, 2015.**

Oct. 14~16, 2014 — World Conference in Auckland, NZ.

August 29-31, 2015 — World Conference in Vancouver, BC Canada.

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**Pot Luck Dinner
&
General Membership Meetings
are at
St. Paul's Lutheran Church
19th St. & House Ave.
at 6 PM
unless otherwise published.
Please use west parking lot.**



Yes, she is using "White-out!"

Joy DiBenedetto's Message

October 8, 2014

Dear Friendship Force leaders around the world,

On behalf of the Board of Directors of FFI, I hope this note finds you each doing well.



As we begin an exciting new chapter in the history of our beloved organization, and also get ready to celebrate our 37th annual World Conference event in Auckland, New Zealand, next week, we wanted to take this opportunity to write to all of you about some important issues being discussed at the executive level of FFI.

The Board of Directors recently met in Atlanta for its twice-yearly meeting, where we talked about the future of FFI and our new strategic plan due to be in place by January 2015, which is based heavily on the global surveys done this past summer.

Our conversation has lead us to a place where we would like to have your input, as stewards of FFI along with us, into the direction of where FFI is going.

Below you will find links to a letter, in seven languages, which has been written to you by the chair of the FFI Board of Directors, Jack Mullen. We hope that each of you will read the letter, share it with your members, and submit to us your feedback by November 14th, so that we can move forward with our strategic goals in January. FFI belongs to all of us, and we want to hear from you at this significant moment in our history.

We thank you for your dedicated service to making our organization as successful as it is. This is our Friendship Force together, and all of us are its future.

Most sincerely,

A handwritten signature in black ink that reads "Joy E. DiBenedetto".

Joy DiBenedetto, FFI President & CEO

<The link to the letter is near the top of our website.>

CLUB OFFICERS

President	John Kaiser	jkaiser3@msn.com	635-6050
Vice-President	Tim Bolin	tjbolin@msn.com	634-9300
Secretary	Helen Lovett	xpmdwl@msn.com	631 3864
Treasurer	Loretta Humphrey	L.Humphrey@bresnan.net	634-2371

Committee Chairpersons

Membership	Donna Logan	DonnaLogan@MSN.com	221-2098
Hospitality	Ingrid & Rod Larson	A1LARS@aol.com	635-4916
Program	Barbara Guilford	guibaum7@yahoo.com	634-0309
Publicity	Tony Adams	tonyadams43@hotmail.com	635-5732
Newsletter/ Website	David Larsen	FFC@LoneTreeImages.com	632-1703
Historian	Vanda Edington & Barbara Guilford	vanda@wyoming.com guibaum7@yahoo.com	778-7172 634-0309

Members responsible for.....

Directory / Calendar	Judy Eatmon	eatmonjudy@gmail.com	632-6547
Logo Renewal	John Kaiser	jkaiser3@msn.com	635-6050



October Birthdays

1st – Jan Larsen

4th - Barbara Wolf

October Anniversaries

Let me know if you joined in October!

Welcome

MOUNTAIN STATES FIELD REP NEWS,
Conference Call: September 18, 2014

Our Atlanta Conference, August 20-22, was a busy time centering on how to strengthen and engage the clubs in their regions. We also received help to help us communicate between the clubs and FFI as well as between clubs in their region. We shared favorite stories about our travels and connecting our clubs with their communities.

My report about the Mountain States included a brief description of each club's strengths. I am encouraged about the ways that we have cooperated and grown during the past year. Club size included: Denver 123, Northern Colorado 94, Pike's Peak Region 62, Western Colorado 48, Cheyenne 56, and Utah 61 for a total of 444.

Discussions of the Next Generation Initiative seemed to occupy much of our time. We all wanted to build up our membership and what we have settled on for the time being is to use a pilot study in each region for an exchange. Who?

I did manage to visit the Jimmy Carter Library in my free time. I spent the weekend in Big Canoe, GA where Wayne Smith lived and received a warm welcome from members of his congregation and club. I managed to meet Charlene Terrell who wrote the book, *THE OTHER SIDE OF THE MOUNTAIN, Bridging the Divides*, about the formation of Friendship Force International. I decided to write a piece about the History of the past 30 years.

Our club will be heading to Charleston, WV where Smith was born and I will try to follow my quest to find out more about the MAN. Did you know he wrote a children's book?

Let me know what you think. Barbara Guilford, 307-634-0309, Guilbaum7@Yahoo.com

TREASURER'S REPORT

is provided on a quarterly basis.

General Meeting Minutes for September 8, 2014

President **John Kaiser** called the meeting to order at 6:35 following a pot luck dinner. Our two guests were **Dorothy Sims**, a charter member from the 70's, and **Betty Salmeri**.

New Business

Having two exchanges within one month proved to be very challenging this summer. Discussion about limiting the number of exchanges per summer and the amount of time between exchanges needs to be addressed. An exchange during part of CFD week is very successful but difficult for members with incoming family guests that same week.

Eight members are willing to host 2 times per year while 9 members are willing to only host once. 12 Host homes could be supported with these members for 2 exchanges in one year.

The outgoing **Harrisburg Exchange** is set for May 13-20, 2015 and their incoming exchange is September 16-23, 2015.

November 1, 2014 is the club deadline to submit travel choices. Club members need to make their 4 choices to John Kaiser before the end of October.

Tomorrow (Tuesday) at 1:00 pm is the FF Board meeting. They will meet at the Knights of Columbus, 507 W 28th St.

Elena McCarty (Russia) of FFI has requested an exchange to Cheyenne, WY. The group consists of lower level railroad executives wanting to visit the Union Pacific site in Cheyenne. They are interested in railroad history and the industry in the United States. Does anyone have contacts with UP railroad executives in our area? The Sherman Hill Steam Engine Club? March/April and June are the months that work best to tie together their visit to the Lincoln/Omaha, NE UP headquarters visit.

Updated member lists are available this evening.

The October meeting has been cancelled due to our October exchange to North Carolina.

Meeting adjourned at 7:50 pm.

Quarterly Board Meeting Minutes - September 9, 2014

President John Kaiser called the meeting to order at 1:05 pm. Others in attendance were David Larsen, Donna Logan, Helen Lovett and Tim Bolin.

In consideration of other members, our club will limit the number of exchanges per year to two and that they are at least two months apart.

Incoming exchanges will have a minimum of 10 participants with a maximum of 20.

Outgoing exchanges will have a minimum of 10 participants unless the host requirements stipulate otherwise .

October is preparation month for the election of officers at the annual meeting held in November. Since the club will not meet in October due to our North Carolina outgoing exchange, Helen Lovett and Julie Bolin volunteered to contact members about serving as an officer. John Kaiser and Tim Bolin both agreed to serve another term if elected to do so. The Secretary and Treasurer positions need to be filled for the 2015 term.

A review and discussion of the "Policies of FFI and FF Cheyenne" resulted in corrections being made in the areas of "Dues" and "Exchange Policies". An updated policy will be printed with incorrect information included but crossed out and the correct information included so that members may see any change that has occurred.

The annual Christmas party is usually discussed in the October meeting with payment due in November and no later than December 1. Donna Logan agreed to check with The Plains Hotel to inquire about details and a possible reservation previously made. Discussion about using the Knights of Columbus and Susie Stults, catering service created a second option for the party. Donna will report back to the club with information for a Monday evening party on December the 8th.

A review of member e-mails was done comparing the printed member list to John Kaiser's computer list in an effort to make sure all members were receiving FF information. Those without e-mail were assigned a phone buddy.

The January Board meeting is set for January 6, 2015 at 1:00 and location TBA.

Meeting adjourned at 4:00 pm.

Draft of Revised Policies of FF Cheyenne

In addition to the Bylaws that govern our club, there are certain FFI policies that are followed by all FF clubs. FF of Cheyenne has also adopted other policies/traditions over the years. In order to better understand how FF “works”, some of these are listed below.

Meetings: Meetings are generally held at 6 pm on the 2nd Monday of the month from September through May. A potluck supper/social time is followed by a meeting and program. FF Cheyenne officer elections are held during the Annual Meeting which is during the month of November. (FFC-2014)

Prayer/Grace: It is inappropriate to include prayer at FF meetings and events. (FFI-2006)

Dues: Every FF club pays a portion of their dues to FFI. Our club dues cover the membership fee to FFI. Our dues are \$25 \$30 for an individual and \$40 \$50 for a couple/family. Anyone joining the club after July 1 shall pay one half of the annual dues for the year. (FFC-1999, 2014)

“Spirit of Friendship” Award: The stained glass “Spirit of Friendship” award shall be a traveling award for one year and a small glass sun catcher shall be given to the recipient to keep. It is given to a member who has gone “the extra mile” in supporting the goals of FF. (FFC-1999)

Conference Fees: FF Cheyenne will pay conference fees for the president and president-elect. The board may approve non-officer delegates (with prior application and as the budget permits). (FFC-1990, 2014)

Exchange Policies:

Every year each FF club submits a Planning Request Form to FFI. FFC polls its members to get an idea of where they might like to travel on an exchange. This poll is used to make our request to FFI. FFI’s exchange matching process takes into consideration each club’s preferences and availability. However, no guarantees can be made. (FFI)

Each ambassador pays an FFI Ambassador Fee of \$150 \$165 per week of international exchange. These fees are used to cover the direct cost of supporting the exchange and also contribute to the general operations of the FFI network. (FFI- 2014)

Each ambassador pays a Host Club Fee of a non-refundable minimum of \$100 to help the host club cover the expenses of meals and group activities during the international exchange. This fee does not include travel to and from the Host destination nor any additional activities outside of those included in the Host Club Fee agreement. (FFI and FFC-2014)

Each ambassador pays a Local Ambassador Fee of a non-refundable minimum of \$25. These fees cover the costs of administering the exchange at the local level and are kept by the local club. (FFI & FFC-2014)

All FF “international” ambassadors are required to secure adequate travel and medical insurance to cover emergencies during their exchanges. (FFI)

Domestic exchanges may be scheduled between two clubs within the US after all regular international exchanges have been confirmed for the upcoming year. These are handled by the individual clubs and are not arranged by FFI. (FFI)

Each ambassador pays a FFI Ambassador Program Fee of \$50 for the domestic exchange. (FFI)

Host Fees for domestic exchanges are negotiated between the two clubs. (FFI)

The ambassador Exchange Director will receive an “earned seat” for travel and host fees for any outgoing exchange with twenty paid ambassadors and a pro-rated “earned seat” with 15 or more paid ambassadors (15 paid= 75%, 16 paid= 80%, 17 paid= 85%, 18 paid= 90, 19 paid= 95%). If the Hosting limit is below 20, the full fee waiver will be applied if the exchange is full. The qualifying ED expenses are travel to and from the Host Club destination and the agreed upon Host Program Fee less the required \$100 portion. The ED is not included as a paid ambassador when counting towards the pro-rated and earned seat status. The travel and fee expenses will be shared equally by the other ambassadors on the exchange. (FFI & FFC-2014)

Prior membership in a club is not a requirement to apply for an exchange. However, new participants will be asked to become a member when joining their first exchange. (FFI & FFC) Exchange participants must be physically fit for the living conditions and activities of the exchange. They must be alert, capable of following directions, and able to fulfill the goal of FF as ambassadors of friendship and goodwill. (FFI)

The Host Exchange Director’s duties will include verifying that all local hosts are physically capable of performing the duties of a host and are providing a safe home environment for the incoming exchange. (FFC-2014)

This will be voted on at the Annual Meeting.

2014 CHRISTMAS PARTY

The 2014 Christmas Party for Cheyenne Friendship Force will be held December 8th. The dinner will be held at Casey's Club at 507 West 28th Street.

The Menu will be:

Prime Rib
Mediterranean Chicken
Rosemary Garlic Red Potatoes
Spinach Salad with Cranberries Feta (to be on the side) and Walnuts and
Champagne Dressing
Green Beans with Mushrooms and Garlic
Rolls and Whipped Butter

The cost of the dinner will be \$25.00 and includes the tip and dessert.

You must make your reservations through Donna Logan and the money will be collected at the November meeting.

If you have any questions, please e-mail me at donnalogan@msn.com





John's Jottings

Friends,

As of this writing I have only received feedback from 11 out of 56 members that they are willing to travel with the club internationally. Our policy says we need 15 members to make a trip. If anyone else is interested in 2016 exchanges please forward your choices to me. I will send in the results before November 1.

As of now the top choices are: Canada, Japan, and Brazil.

With that said I am glad we have an active club. Most organizations only have 20% of their members active. Our meetings usually have well over half of the members come out for the many interesting speakers that we have each month. Others still host either at their home or day host or provide a meal. Everyone stay involved to the level that you feel comfortable with. Don't forget to recruit new members too.

Remember the October meeting was canceled due to most at the September meeting saying they will be out of town October 13. Per our bylaws the November meeting is our annual meeting and elections are held then. Consider this the written notice for our annual meeting.

In Friendship

John Kaiser, President

Member Profile

Elvira Pinther's Adventures , Part I

Elvira (Thyra) Pinther, 88 year old Cheyenne Friendship Force member, shared part of her life story August 1, 2014. Her life sounds like a movie for she has been traveling all over the world since she was born. Tales of wars, danger, and desperation are intermingled with adventure, joy, and meeting wonderful people. She is fluent in several languages and adds dimension to Cheyenne Friendship Force's exchanges by helping members learn to communicate in the language of their outgoing exchanges.



Elvira's mother, Mario Gregorvievna Botoorina fled from St. Petersburg, Russia with a group of the Czar's officers and nurses in 1917. The group traveled to Mesopotamia, India, Vladivostok, Korea, and finally settled in Shanghai, China. There her mother met and married a Swedish Sea Captain, Carl Nyberg. On January 3, 1926 their first child Elvira was born. When trouble erupted with the Japanese Navy along the Hwang Po River, Carl, Mario, and little Elvira took the Trans-Siberian Railroad to Stockholm, Sweden in 1927.

There the family settled down. Two brothers, Robert and John were born and the children attended school there learning the Swedish language that Carl's family spoke. The cold weather and Carl's seagoing life soon led to another move to Casablanca, Morocco in 1936. Elvira remembers the trip from Stockholm to Goteburg on the train and the sea voyage on a rough North Sea on the ship, Hemland, to meet their father who had sent for them.

When they arrived in Casablanca their father was not there. They were told at the Swedish Consulate that a Catholic Home might take them for the night. Elvira and her mother left early the next day to look for their father wherever seamen congregated. They thought to go to the Swedish Consulate looking for a man named Mattson, a Dane, who knew where her father or father's ship might be found. Mattson's address was found; mother and daughter walked to the address. No one home so the two of them sat down on the steps to wait. After a long wait a man ambled to the house, drunken, he invited them in to talk. He told them that Carl had gone to Algeirs.

Elvira's mother noticed a torn up letter in the garbage as she waited and talked with the man. She recognized her husband's handwriting and picked up the pieces of letter quickly.

The two slipped out and went back to the convent to put the pieces together. They learned that Carl had sent instructions for meeting him in Algeciras, Spain. The nuns helped them pack to leave the next morning at 5 am to catch a bus to Tangier and then a ferry to Gibraltar (UK) and on to Algeciras, (SP).

Elvira's mother spoke French common to the area; Swedish was not understood. Many of the people they met wore unusual costumes and head coverings for the majority were of Middle Eastern extraction. Their mother offered a Muslim woman some of the sweets the nuns had prepared politely by holding out the sack. The woman took the whole sack. When they got off the bus, a "funny little man," relieved them of their luggage and their mother's fur coat. What could they do--they were stuck in an unfamiliar world and had no choice but to plod onward. However, to their great relief, the funny little man was waiting at the ferry for a tip with their luggage. And then, as they disembarked from the ferry they experienced a greater relief. Their father was waiting at the end of the pier that he had been visiting every day for two weeks.

"Where have you been?" he asked. The family huddled together and tears flowed as they headed for a French Hotel to eat. Elvira remembers the Ink Fish Soup she had that her mother made her eat. They lived for a while in a balcony one room apartment and lived primarily on raw fruit and vegetables along with bread. Refugees were everywhere for the Spanish Civil War had broken out and the family headed to Gibraltar (UK) where they lived from 1936-1939. When World War II broke out the family was evacuated to Morocco before taking a British ship, City of Evansville, to Kingston, Jamaica and then to Barranquilla, Colombia. Elvira's story unfolds again as she becomes fluent in Spanish. Her story continues next month.



Bob Eatmon @ Iowa Fair

Iowa Global Exchange

Feeding the World & Nurturing the Creative Spirit – Experience Agriculture and Art in America’s Heartland by Judy Eatmon



Bio-research Farm in Iowa

Last spring Bob and I got an email from our Long Island friends, Ivan and Sheila Zeigler, suggesting that we meet them in August for a Global Themed Exchange presented by Friendship Force of Central Iowa. For eight days we joined ambassadors from Poughkeepsie and Long Island NY, Alabama, and Australia – nine of us in all. Central Iowa has been working on this exchange for two years and has had a hard time filling it. Iowa (like WY) is not necessarily on many top 10 places to visit. However, we are so glad that we went and would highly recommend it to others. It was very well organized, educational, varied, a lot of fun – and the FF folks, as usual, were so welcoming. We were hosted by Jerry and Margaret Knox, a wonderful couple, who lived just off the Iowa State University campus. Many of the Iowa mem-

bers are retired profs from ISU.

We drove from Cheyenne to Ames, Iowa passing literally hundreds of miles of lush corn and soybean fields. On the way back, taking Highway 30 through lots of little farming communities, we had a new appreciation for and a better understanding of the farmer. We learned so much! (Who knew there is male and female corn?!) Our days were kept busy with a mixture of both agriculture and art. We toured The Living History Farms, an interactive, 500-acre outdoor museum that tells the story of how Iowans over 300 years transformed the fertile prairies of the Midwest into the most productive farmland in the world. Longview Farms, a 4-generation family owned farm, is a large corporation that farms thousands of acres of corn and soybeans. They bring the latest ag science and machinery to their farm and are custom operators for landowners and seed companies in the area. Contrasting this was Table Top Farm, a small organic farm operated by one woman and two part-time helpers. Table Top grows a variety of certified-organic vegetables sold to members of a co-operative in the area. We visited the ISU BioCentury Research Farm, the first-in-the-nation integrated research and demonstration facility dedicated to biomass production and processing. We saw the milking parlor at the ISU Dairy Farm and walked through the feeding pens. In addition we toured Lincolnway Energy LLC (located on Highway 30) which is one of many ethanol plants found in Iowa. Corn is purchased through the nearby farmers’ cooperative, which the plant converts into ethanol and other products. Our last ag related tour was the ISU Midwest Grape and Wine Industry Institute where we learned a bit about wine-tasting. We did see a few vineyards in our travels.



Tall Corn

For the art side of the exchange, we toured some highlights of the ISU Art on Campus Collection. ISU is home to one of the largest campus public art programs in the US, having over 2000 works of public art. Our tour focused on art related to agriculture and its science. We learned that George Washington Carver and John Atanasoff (inventor of the first digital computer) are both ISU alumna. We enjoyed a visit to the beautiful Reiman Gardens and Butterfly Wing. The century-old Des Moines Public Library Building has been beautifully renovated into the Dr. Norman E. Borlaug World Food Prize Hall of Laureates. Inside is a museum recognizing achievements in agriculture and fighting hunger, a center for the yearly World Food Prize International Symposium, a home for the Global Youth Institute, educational displays on hunger and food security and conference and event space. Near downtown Des Moines, we toured the Pappajohn (no relation to pizza) Sculpture Park and saw 22 unique modern sculptures. We visited the Des Moines Art Center, a large museum with a focus on contemporary art. Grant Wood, an Iowan, was a painter best known for depicting the American Midwest. We saw his murals at the ISU Parks library, visited his studio where he painted the well-known American Gothic, and toured the Cedar Rapids Museum of Art where we saw a large collection of his works. Our art week culminated with a workshop on Encaustic painting (painting with colored wax) lead by ISU Associate Professor Barbara Walton who works with researchers from the College of Agriculture and Life Sciences on new uses for soy wax. We all got to try our hand at wax painting and came home with original pieces of art.



Bob & Judy Eatmon Eating

A highlight of the week was the day we spent at the Iowa State Fair. Our weather during the week had been perfect – low 80s and low humidity. We were repeatedly told how unusual that was for August in Iowa! On Fair Day we woke up to a steady drizzle, but we didn't let that dampen our spirits. Donning bright yellow plastic ponchos, we looked a bit like ears of corn. The rain did cut down on the crowd at the fair. We visited food displays, saw the Butter Cow, watched horse judging, saw lots of animals including Big Mac and Big Bull, wandered exhibits of quilts and photographs, saw a Hog-Calling contest listened to free concerts, and ate good food.

Good food – that seems to be a part of every Friendship Force Exchange and it certainly wasn't lacking here. We ate in parks, at restaurants, in homes. Our welcome dinner was "roaming hors d'oeuvres and dinner on a stick" in honor of fair food. The Cedar Rapids Club even invited us to a salad and dessert lunch on the day we visited their town. The food was delicious and varied (yes, we had corn a couple of times). But the best part of the meals was the fellowship. Getting to make new friends and in this case, renewing an old friendship, was the highlight of the exchange. We invited the Iowans to Wyoming and hope to see them again, maybe even for a WY exchange.

Iowa Global Exchange
pictures



Big Pig



Cow sculpted in butter



Live Hog Calling Contest



Iowa State Dairy Farm



friendship force
CHEYENNE



The Friendship Force of Cheyenne New Member Info

Contact our membership chair for more information:
Donna Logan, 253 Abby Rd. Cheyenne, WY, 82007
E-mail: DonnaLogan@MSN.com * Cell: 307-221-2098.

Dues are very affordable: Individual \$30 or Family \$50

The application form for joining the Friendship Force of Cheyenne
(or renewing your membership)

is on our website:

FriendshipForceCheyenne.ORG/Membership.html

CHANGING THE
WAY YOU SEE
THE WORLD

Who do you know



that might be



interested in



Friendship Force?



*Invite them to
our next event!*



The banner features a blue and green abstract background with a fingerprint-like pattern. On the left is a vertical logo for the World Conference 2014 in Auckland, New Zealand, dated October 14-16th, with the Friendship Force International logo at the bottom. The main text in the center reads "2014 World Conference" in large yellow letters, "OCTOBER 14-16TH" in teal, and "Auckland, New Zealand" in yellow. On the right is the Friendship Force International logo, a colorful flower-like emblem above the text "friendship force INTERNATIONAL".