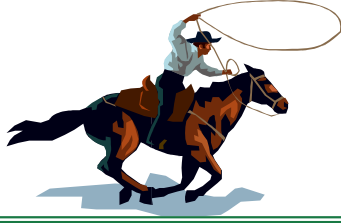


THE CHEYENNE ROUNDUP



friendship force
CHEYENNE



CLUB OFFICERS

- President John Kaiser
- Vice-President Tim Bolin
- Secretary Helen Lovett
- Treasurer Loretta Humphrey

Committee Chairpersons

- Membership Donna Logan
- Hospitality Ingrid and Rod Larson
- Program Barbara Guilford
- Publicity Tony Adams
- Newsletter / Website David Larsen
- Historian Vanda Edington & Barbara Guilford

Members responsible for.....

- Directory / Calendar Judy Eatmon
- Logo Renewal John Kaiser

CALENDAR of EVENTS

Meetings:

Feb 10th.—**Brent Weigner**, "Running Around the World"

Mar 10th.— **Dr. Milt Garrett**, "Older Guys Hug Better: the Russia Federation and the Recovering Prosperity of Russia."

Outgoing Exchange: 2014 March and April:
Hamilton, New Zealand & Newcastle, Australia .

Incoming Exchange: July 15 ~ 22:
Eastern Washington/ Northern Idaho.

Events:

March 3, 4-7PM Membership Drive Day at the Laramie County Library.

May 2~3, 2014—Regional Conf. in Salt Lake City, UT.

Oct. 14~16, 2014 World Conference in Auckland, NZ.

Sept 11~14, 2015 World Conf. Vancouver, Canada.

Board Meeting:

April 8th.

July 8th.

September 8th.

Good Stuff Inside

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**Pot Luck Dinner & General Membership Meetings are at
St. Paul's Lutheran Church - 19th St. & House Ave.
at 6 PM unless otherwise published.**

John's Jottings

Fellow Members:

Wow, what a club we have! Most organizations have 10-20% of the membership do all of the work. Not Friendship Force Cheyenne. As one of the newbies and somehow president I sit in on the Membership & Exchange committees which have 8-14 members each working hard on these two projects. Every person on these committees has a job and all of the work gets done.

As to the projects the membership drive is moving along. Each member will get packets to give to potential members this month inviting them to a program to be held 4-7PM March 3. Please think of any of your friends and acquaintances that would benefit by belonging to our busy club then send them a packet.

Speaking of busy Tim Bolin and the exchange committee have pretty much finalized the agenda for this Frontier Days exchange with Western Idaho/Eastern Washington club. There is something for everyone to volunteer for during this fun week. Especially non-Frontier Day functions. Tim will have sign up sheets at the monthly meeting.

As to this months meeting Barb Guilford has secured Bent Weigner to speak to us about his travels around the world running marathons.

As I am writing this it has warmed up to 25 degrees from a low of -22 earlier this week. This info is mostly for our editor since he has missed out on our Wyoming winter. It is supposed to be very nice on Monday so please plan on joining us for a time to enjoy time with other members.

In friendship,

John R. Kaiser



TREASURER REPORT
2013 4th QUARTER REPORT)

Balance in the Checking Account as of: \$ 8,918.13
(September 30, 2013)

INCOME

Dinner Reservations	\$ 744.00
Dues Collected	815.00
Interest Earned	1.51
“No Name Tag” Collected	4.00
TOTAL INCOME	\$ 1,564.51

EXPENSE

Ck# 1619 - Dennis Guilford/Reg.Fee Intrnt. Conf.	\$ 300.00
Ck# 1620 - LCCC Foundation Scholarship Fund	100.00
Ck# 1621 - Donna Logan/Reimburse Expense	19.20
Ck# 1622 - John Kaiser/Reimburse Superday Expense	45.00
Ck# 1623 - Plains Hotel/Christmas Dinner	740.19
TOTAL EXPENSE	\$ 1,204.39

BALANCE IN CHECKING ACCOUNT \$ 9,278.25

Bruni Naylor Memorial Fund	\$2,230.00
Contribution	25.00
TOTAL	\$2,255.00

Regional Conference Funds
To be held for Future Conference \$1,085.48

PLEASE NOTE: The Bruni Naylor Memorial Fund and the Regional Conference Fund are included in the Checkbook Balance.

Respectfully submitted,
Loretta Humphrey, Treasurer

Outgoing Exchange

Latest info for the Hamilton, New Zealand & Newcastle, Australia exchange in March and April is on our website:

WWW.FriendshipForceCheyenne.org

Incoming Exchange

2014 Incoming exchange for the **Eastern Washington/Northern Idaho** club from July 15—July 22. We are in need of hosts from our club.

More info on page 9 and available at:

WWW.FriendshipForceCheyenne.org

See **Tim Bolin** for more info or to signup as a host or other volunteer.

Save A Life!

Every day , thousands of people suffer sudden cardiac arrest.

Do you know what to do?

*Watch a 4 minute step-by-step video, includes how to use an AED
(automated external defibrillator).*

www.HeartRescueNow.com

General Meeting Minutes for January 6, 2014

President **John Kaiser** called the meeting to order at 6:35 p.m. following a pot luck dinner.

Janice Pivik is a guest of Howard Last.

Program:

Barbara and Dennis Guilford attended the World Conference in New Orleans held this past November 23-25, where Dennis represented our Cheyenne Friendship Force Club. "Engaging the Next Generation" was one of the topics discussed that Dennis found very educational and in-line with our club's current agenda. He brought back 4 main tactics to increase membership: get serious and choose a leader, create a committee, plan and strategize, then engage.

Plan and strategize: contact other Friendship Force clubs to see how they recruit; search for young people of whom 77% find the money and the time to travel; contact and identify clubs such as hikers, skiers, canoeists, cyclists and photographers. 83% of these people enjoy meeting people and different cultures. Challenge the club to compile a list of 100 names of potential candidates between the ages of 40 and 60. Strive for diversity.

Engage: invite other clubs as a group and not as an individual by suggesting they present our monthly program; the 100 club names need to have the Boards approval before mailing out personal invitations on bright, glossy paper; experiment with ethnic dinners to attract a more diverse crowd; plan a project/ seminar/ program for World Friendship Day with news releases or paid advertisement. Engagement is the most important step in finding new members.

It is important that the current president personally call and thank each new member shortly after joining.

A club vote was then taken with a clear majority approving these tactics to be used by our recently formed Membership Planning Committee. Dennis volunteered to join this committee and be their leader.

Thank you, **Dennis!**

Barbara spoke about their "New Orleans Experience" and shared many photos. Barbara has always said that Friendship Force has been a way to focus on "Faces, not Places" but has changed her motto to "Faces and Places" due to the many familiar faces

at this conference and the many memories of the places these faces represented. Barbara borrowed a phrase from one of our previous program speakers that she felt she was “Soulful Traveling”.

Barbara was fortunate to be in New Orleans back in 1966 and took an opportunity to tour Preservation Hall Jazz Museum which she found closed to the public during the day (the museum hosts concerts nightly 8 p.m. until 11 p.m.) on this trip because it is now recognized as a National Historic Site. They visited the New Orleans Mint in the French Quarters; met Oscar Donahue III, a local artist, who shared his philosophy with Barbara that “life is short, love somebody”; and even found a citron colored Maserati to photograph. Although Katrina passed through this area years ago, construction was seen everywhere they visited. New Orleans appears to be thriving.

During their adventure in New Orleans, Barbara took time to visit with many of the young people she met and found that the young were very open to the Friendship Force idea of inbound and outbound exchanges. This supported the information Dennis was learning in his meetings.

They found New Orleans to be quite beautiful during the Christmas season. Their visit was over too soon and both wished that they had opted to stay an extra week.

New Business:

Tony Adams asked that the club consider making a donation towards the New Zealand/ Australia host clubs favorite charity rather than have the only 3 members participating in this exchange so, waive the fees normally required of trip participants towards the ED’s expenses and reimburse Tony for his time, effort and expense in finding other clubs to fill the vacancies our club could not commit to. The amount Tony is requesting is \$100 and was seconded by Barbara Guilford.

John asked for direction from the club as to where in the US the club would like to travel during the fall of 2014. Travel locations outside of the US are not available at this time. Discussion took place with interest in New England, Texas, the Carolinas and Florida. New England time period should be around mid-October for foliage change.

Barbara Guilford will inquire about potential clubs willing to host in New England area.

All dues have been collected or are on a payment plan.

Membership Committee meeting will be Thursday, Feb. 16 at 1:30p.m. hosted by
Loretta Humphrey.

Barbara Guilford, our Program Committee Chairman, is stepping down and would like to have a replacement soon so that she can transition that volunteer easily into their duties. Programs will need to be scheduled starting in the fall of 2014 with the September meeting.

The Treasurers report is available at each table. No corrections were made and the report was accepted.

John Kaiser accepted the extra free XL Friendship Force Sweatshirt that Carolyn Weber offered to anyone interested.

The drawing for this month's door prize, a Target gift card, was won by **John Kaiser**.

Newsletters are sent to club members via e-mail. Contact **Donna Logan** if you are not receiving a copy.

A reminder that the Regional Conference is to be held in Salt Lake City, Utah, May 2 & 3 with optional day on Sunday the 4th.

Tim Bolin reports that we have 22 incoming guests from Spokane area and members need to look over the following list to sign up for duties and note prepay dates for events.

- ***** We need a backup emergency host home.
- ***** Sign up and prepay for Melodrama by April.
- ***** Horseback riding cancelled due to scheduling conflict.
- ***** Sign up and prepay for Sunday rodeo located in B Stand. One free rodeo ticket and parking pass earned with the purchase of 15.
- ***** The Sunday night show plans are cancelled as a group but feel free to attend on your own.
- ***** Sign up and prepay for dinner and show at Bit-O-Wyo.
- ***** Sign up for Mix & Match dinners.
- ***** Please sign up to bring dessert to the Welcome Dinner at Holiday Park.
- ***** Sign up to bring folding chairs for our guests to watch the 1st Saturday Parade near the First United Methodist Church.
- ***** Be prepared to pay for own lunch at the First United Methodist Church luncheon following the Saturday Parade.
- ***** Farewell Dinner with entertainment TBA at a nice restaurant with cost estimated around \$30.00 each.

Adjourned at 8:00 p.m.



Brent Weigner, Retired educator and an Investment Company executive. Travels the world to run marathons. You can preview his activities by checking his FaceBook postings at:

www.facebook.com/profile.php?id=100003274639448

Learn about Marathon Maniac Brent Weigner's 2013 world marathon tour. He will share highlights of the 24 countries he visited. The program will include a 10 minute DVD recounting his Mt. Everest Marathon in Nepal.



Brent Weigner, Ph.D.

Eastern Washington/Northern Idaho Incoming Exchange

Members need to sign up and pay for the following events no later than the April meeting of FF of Cheyenne. Friday, July 18 Bit-O-Wyo dinner show \$32, Saturday, July 19 Melodrama \$16, Sunday, July 20 CFD Rodeo \$15, Monday, July 21 Farewell dinner at Dave Romero community center catered by Mitchells Approx. \$16 or less.

Tentative Schedule:

Tuesday, July 15, 2014: **Ambassadors arrive;** 4:30 1 hour historic trolley tour (Tim); 7 PM welcome dinner (milkcan; Bob Eatmon & Dave Lovett)(location TBD)

Wednesday, July 16, 2014: 10 AM scavenger hunt (Barb Guilford-tentative); 1 PM lunch and hike at Vedauvoo (Tim); Mix & Match dinners (John Naylor)

Thursday, July 17, 2014: (Time TBD) Trip to Historic Fort Laramie w/guide (Marilyn Pettit) (Bus: Jim Webber); (Time TBD) Drinks & Sack Lunches: Carole Epler & Robert Strong); (Time TBD) Stop-over at Marilyn's house in Torrington ;Dinner with Hosts

Friday, July 18, 2014: 10 AM Meet with Mayor & Governor & tour of capitol(Mabel); (Time TBD) Optional Horseback riding at Bit-O-Wyo (Deb & John Kaiser); 6 PM Bit-O-Wyo Dinner Show (Jan Peterson)

Saturday, July 19, 2014: 9:30 AM Parade (watch location TBD); 11:30 AM Lunch at First United Methodist Church (Judy)(Everyone pays for your own lunch); About 3 PM Indian Village Dance Performance & other Park attractions; Dinner with Hosts; 7 PM Old Fashion Melodrama (Betty Jean Pearson)

Sunday, July 20, 2014: 10:30 **Optional** Behind the chutes tour(with host); 12:30 CFD Rodeo(Tim); **Guests take hosts to dinner or optional CFD nightshow (Tim)** (There will be an extra charge for nightshow)

Monday, July 21, 2014: 8 AM CFD Free Pancake Breakfast; Tour Downtown Cheyenne with host; 9:30 or 10:30 AM **Optional** Behind the Chutes Tour at CFD arena (on your own); 6 PM Farewell Dinner (place TBD Betty Jean Pearson)

Tuesday, July 22, 2014: Happy Trails to you as you depart.

Hosts will provide: Breakfast: Every day except Monday

Dinner: Thursday / Saturday

Lunch on your own with hosts: Friday/ Sunday/ Monday

Everyone will pay for their own lunch after the parade.



friendship force
CHEYENNE



Know someone who may be interested in
Friendship Force of Cheyenne?

Invite them to visit us at a meeting!

**The Friendship Force of Cheyenne
New Member Info**

Contact our membership chair for more information:

Donna Logan, 253 Abby Rd. Cheyenne, WY, 82007

E-mail: DonnaLogan@MSN.com * Cell: 307-221-2098.

Dues are very affordable: Individual-\$25 or Family-\$40

The application form for joining the Friendship Force of Cheyenne
(or renewing your membership)

is on our website:

FriendshipForceCheyenne.ORG/Membership.html

Friendship Force Pledge

“As a member of the Friendship Force I recognize that I can make a difference, I recognize that I have a mission; that mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my own fellow citizens and the people of other nations, The cause of friendship, love, and peace will be furthered. I can make a difference.”

CHANGING THE
WAY YOU SEE
THE WORLD

www.FriendshipForceCheyenne.org

(this is ORG, not COM!)

The latest Bylaws, Newsletters, Info and Reports are available whenever you want them. Please visit the site and let us know what else you'd like to see. A Frequently Asked Questions [FAQ] has been added to our site.

The International Friendship Force web site now links directly to our club's site so interested people can find out about what we do and where we meet.